



GALWAY HOCKEY CLUB

JUNIOR SECTION GUIDE

Training sessions:

Under 10s	1 st , 2 nd and 3 rd class	10.30	- 11.30
Under 12s	4 th , 5 th and 6 th class	11.30	- 12.30
Boys		10.30	- 11.30

Junior Co-ordinator: Ann Dempsey Mobile: 087-9450010
Email: ann.dempsey3@upcmail.ie

Each session will have a co-ordinator who will handle any queries or administration. Coaches will be focused on coaching only so please do not disturb them.

All information for Junior hockey will be on this website so parents are advised to check frequently for websites.

Cancelled training sessions:

It is club policy to only cancel training sessions where there is concern over the safety of the players. Last season, this happened during the extreme cold weather spell in December and January. Where this happens, there will be a pitch inspection as near as possible to the training session and parents will be informed of a cancellation only by text. Where no text is received – training will go ahead.

Training is never cancelled because of rain. If it's raining – the call is yours to make.

Please also be advised of the following:

- It is advised for the coming season that all juniors wear basic hockey protection equipment at training sessions, namely a gum shield and shin pads. Suitable clothing for wet/cold days are also advised. Should your child choose not to or simply play without one, Galway Hockey Club and their coaches cannot be held responsible should an injury occur.
- Please bring and collect children to/from the pitch as no responsibility can be taken for children outside of the pitch or outside the session times. Parents should not “drop and go” before the appropriate training session time and/or before the coach/co-ordinator has arrived to take the session. We cannot accept the responsibility prior to/or after the appropriate training session times.

Junior Blitzes

Junior blitzes have been planned for the coming season. However, dates have not yet been confirmed but will be done so before October. Parents will be advised of the dates for these blitzes as early as possible in September and these details will also be available on the website.

Where parents are advised by text regarding upcoming blitzes, please answer all texts sent to you stating whether your child is available or not to travel or play. Include your child's name in the text. If you do not reply to the text, please do not expect your child to have a place on the team.



As a parent/guardian you will be required to help at blitzes both home and away. Please ensure your availability for these dates.

Parent/guardian responsibilities

- Ensure that their child is at training and games on time.
- Be supportive of all the players in their group and on their team
- Refrain from criticising the opposing teams.
- Encourage their child to be a team player and be supportive of their teammates
- Always give positive feedback.
- Encourage their child to have fun while taking part. It is the taking part that counts.
- Respect all officials including coaches and umpires. Remember they are not being paid – they are volunteers!

We encourage all parents to attend games/blitzes. These are important dates in the hockey calendar and your encouragement and support is very important in ensuring the day is even more memorable.